

Bridlington

Cycle Map

Six cycle routes in and around Bridlington



Welcome to Bridlington!

Bridlington is a bustling coastal town in East Yorkshire with sandy beaches, award winning promenades and a spectacular chalk cliff heritage coastline to the north east. It is steeped in history with a 900 year old working harbour, a medieval Priory Church and a high street in the Old Town that is teeming with ancient buildings.

Dusting off your bike and getting into the saddle can help you get fit, save money and help the environment as well as helping you discover places and scenery that are impossible to access by car.



Facilities in the Town

Bridlington is the perfect base for cyclists to start exploring the area. The town has many facilities to cater for cyclists with extensive secure cycle parking throughout the town, public toilets, and lots of local cafés, pubs, fish and chip restaurants and ice-cream parlours for tired cyclists to refuel after a ride!

There are various cycle shops in Bridlington which sell bikes and accessories and can carry out repairs and maintenance on your bike. There are also cycle hire facilities in the town. For further information contact:

- Chain Cycles, 27-29 Hilderthorpe Road – (01262) 677555 or see www.chaincycles.co.uk
- The Bike Shop, 2A Nelson Street – (01262) 400401
- Spa Cycle Hire, 1 Horsforth Avenue – (01262) 228484
- All Ride disability bike hire, Foreshores Office. Bikes must be booked in advance – (01262) 678255 or email foreshores@eastriding.gov.uk

Local facilities are all shown on the town centre map, right.

The Rides

Each of the routes on this map has been graded by difficulty and we have aimed to include rides which cater for all abilities. Most of the routes run along quiet roads, promenades or designated cycle paths but great care is needed on some routes as they cross busy roads and junctions. Please read the ride text before deciding which route is best for you. Ordnance Survey Explorer Maps 295 and 301 cover these routes in detail if you would like further information.

If you enjoyed these rides you might be interested in similar leisure cycle route maps for other areas in the East Riding. For free copies of these please email transport.policy@eastriding.gov.uk or call (01482) 391745. We would also love to hear from you if you have any comments or suggestions about the routes featured in this map.

For those who want to try something more challenging the Way of the Roses coast to coast cycle route runs for 170 miles between Morecambe and Bridlington. For full details, see www.wayoftheroses.info. More information on other cycle routes and the National Cycle Network (NCN) (recognised by the blue signage with red and white numbering) can be obtained from Sustrans at www.sustrans.org.uk



Ride 3 – EASY

Route 3 sets off from the Park and Ride and goes to Carnaby – why not stop off at World of Rock or the Birds of Prey Centre to break up your ride? You could also combine this with Route 2 for a longer ride.

2 miles/3.2km, or 20 minutes riding time each way.
5.2 miles/8.4km, or 40 minutes riding time, if riding the longer route.

Set off from the Park and Ride taking the signed shared use path along the side of the car park away from the cliff and the off-road path alongside the access road. As the road bends right, turn left onto a signed bridlway. At the T junction turn right along a quiet road/bridlway to the Kingsgate/A1038 roundabout. Use the cycle crossing points and take care, this is a busy road with fast traffic. Use the off-road shared use path along Moor Lane to either Carnaby Sticks Road or Lancaster Road. Retrace your route back to the start.

For a longer return route turn left where the bridlway finishes and meets the South Cliff Caravan Park access road. Take the off-road path to the roundabout then turn right towards the town centre on the path which runs alongside Bridlington Golf Course. Then turn right onto Kingston Road and right onto Belvedere Parade to return to the Park and Ride.

Did you know...

Carnaby Industrial Estate was formerly RAF Carnaby which opened in March 1944. It was an emergency landing facility during World War II providing a safe place to land for damaged bombers. The runway was five times wider than standard and 9,000 feet long. Over 1,400 bombers made an emergency landing at the airfield, saving thousands of lives. The main road to the Industrial Estate is called Lancaster Road, after the planes which landed there.



Ride 2 – EASY

A great ride for family groups or newer riders with lovely views of the seafront, using the off-road cycle route along the Promenade. The promenade can be busy with pedestrians and is also shared with the land train, so take care on this section of the route.

1.2 miles/1.9km or 10 minutes riding time each way.

Setting off from the seafront side of the Spa, ride along Spa Promenade, Princess Mary Promenade and then follow the signed National Cycle Network (NCN) route 111 up to Belvedere Parade. The ride then goes down Belvedere Parade to the Park and Ride. Turn around and retrace the route to the Spa.

This ride can be extended by linking with Route 3 to Carnaby.

Did you know...

The Spa, Bridlington, was named the New Spa and Gardens when it was first built in 1896. Visitors could stroll through 5 acres (2 ha) of gardens, enjoy a visit to the refreshment rooms and theatre or simply listen to the band playing in the glass domed bandstand. There was a lake filled by the mineral rich spring water.

KEY

★ Start

Ride 1 – EASY

A great ride for family groups or newer riders using quiet roads and a seafront off-road cycle route along North Promenade. The promenade is busy with pedestrians during the summer months and also shared with the land train, so take care on this section of the route.

1.5 miles/2.6km, or 15 minutes riding time each way.

Leave Sewerby Hall, turn left down Church Lane and then left along Seagate. Continue past the Ship Inn, taking the first left down Sea Gate View following National Cycle Network (NCN) route 1 to the cliff top off-road cycle route.

Follow the NCN route 111 signs past the start and end point of the Way of the Roses Cycle route, bearing right up the slope of the land train route where you will see the East Riding Leisure building. Turn around and retrace the route to Sewerby Hall.

Did you know...

During the Second World War, The Orangery at Sewerby Hall was used as a 22-bed ward for the RAF's convalescent hospital. In the summer the patients' beds were taken outside during the day to help them recuperate in the gardens.



KEY

- CYCLE PARKING
- ★ CYCLE SHOP/HIRE
- P CAR PARK
- NCN ROUTE 111
- WC PUBLIC TOILETS
- BUS STATION
- i TOURIST INFORMATION
- Way of the Roses START/FINISH

Good Cycling Code

In order for you to have fun and be safe on these rides, please consider these tips before taking to your bike:

- Go prepared. Take some water and a snack with you and make sure that your bike is in a good state of repair.
- Use lights at night and consider wearing reflective clothing, particularly in bad weather.
- Cycle helmets are recommended.
- Some of the paths on sections of the routes are shared use with pedestrians. On these sections ride to the left of the path and respect other users.
- Ride positively and be aware of motorised vehicles – keep to the left to assist them in passing you safely.
- Follow the Highway Code at all times.



Sewerby Hall and Gardens

This Grade I listed Georgian stately home was opened as a visitor attraction in 1936 by Hull born Amy Johnson CBE, the first female pilot to fly solo from Britain to Australia. Sewerby Hall is set in 50 acres of early 19th Century parkland and is uniquely situated in a dramatic cliff-top location offering spectacular views over Bridlington Bay. The estate offers something for everyone from the magnificent award-winning gardens, a zoo, adventure playground, putting green, clock tower café and shop. The Hall has various exhibitions including a permanent exhibition of Amy Johnson memorabilia and holds various events throughout the season.

For details of opening times, admission charges and a full event listing visit www.sewerbyhall.co.uk or call (01262) 673769.

Living Seas Centre

The Living Seas Centre at South Landing, Flamborough is Yorkshire Wildlife Trust's first dedicated marine education centre. Find out what to look out for on the coast along with the latest bird, whale and dolphin sightings. The centre offers children's arts and crafts activities, guided walks and Seashore Safaris.

See the website for details www.ywt.org.uk or call (01262) 422103.



RSPB Bempton Cliffs

Bempton Cliffs nature reserve, run by the RSPB, is one of England's top wildlife attractions.

The spectacular cliff-top site is the most accessible place to view seabirds from the mainland in northern Europe and over 250,000 nesting seabirds, including gannets and puffins, nest and raise their young at Bempton Cliffs each year. The site also offers nature trails and stunning cliff-top walks.

The new seabird centre, opened in 2015, provides information about the seabirds' story, the cliffs and the vital conservation work of the RSPB as well as housing a shop and café. Meet the informative guides and watch the action for yourself on two live TV screens and enjoy the close-up images of nesting gannets.

The reserve is open throughout the year. For more information, see www.rspb.org.uk/bemptoncliffs or call (01262) 422211.



Ride 5 – CHALLENGING

A beautiful route through the East Yorkshire countryside including lots of pretty villages, ideal for more experienced and confident cyclists. 22 miles/36km, or 3 hours riding time.

There is an option of reducing the route to 14 miles/22km.

Start from the entrance to Burton Agnes Hall on Rudston Road and turn right. Follow the road around the right hand bend. At the next junction follow the Bridlington sign but at the next sharp left hand bend bear left towards Rudston. In Rudston follow signs for Burton Fleming. In Burton Fleming turn left at a T junction on the edge of the village to take you into the centre. At the crossroads turn left for Kilham.

Where the road forks, turn right for Thwing or, for the shorter route, bear left for Kilham. The shorter route carries straight on to Kilham where it rejoins the main route. Take care crossing the B1253 which can be busy with fast traffic.

The main route goes on to Thwing. Go straight on into the village and turn left on Butt Lane towards Kilham. Take care crossing the busy B1253 and carry on to Kilham. At the edge of the village turn left onto North Back Lane and continue to the end, turning right onto Burton Road. At the T junction turn left on East Street and then right onto Harpham Lane for the main route. The shorter route goes straight ahead at this junction and at the next junction turns right following NCN 1 back to the start.

The main route goes along Harpham Lane and straight ahead across the busy A614.

In Harpham turn right towards Lowthorpe and then turn left towards Kelk. Go over the level crossing and follow signs for Kelk. At the end of the village turn left for Gransmoor and at a T junction turn left for Burton Agnes.

In Burton Agnes turn left by the pond onto an off-road shared route. Take care crossing the A614 and return to Burton Agnes Hall.

Did you know...

Winifred Holtby, the author of the often filmed book *South Riding*, was born in Rudston in 1898 and is buried in the churchyard.



Ride 6 – EASY

Three rides from Flamborough village exploring the nature and history of Flamborough Head. Each ride starts from the junction of Mereside and South Sea Road in the village.

0.9 miles/1.5 km to 2 miles/3.2 km each way.

To North Landing

Turn right at the T junction, following the signs for North Landing. You can take a short detour to beautiful Thornwick Bay on the way. Return by the same route. Busy route in summer unsuitable for young children.

To the Lighthouse

Follow the sign for the Lighthouse and stay on this road until you reach the crossroads at Lighthouse Road. Turn left and follow this road past the old lighthouse to the headland. Return by the same route. Busy route in summer unsuitable for young children.

To the Living Seas Centre

Follow the sign to the Lighthouse and South Landing until you reach the crossroads at Lighthouse Road. Go straight ahead for South Landing until you reach the Living Seas Centre.

Cycle parking is available at the Centre. You can then walk down the steep access to South Landing and the beach. Return by the same route.

Did you know...

The village church of St Oswald's was founded in Norman times. Take a quick trip inside to see the strange memorial to Tudor knight Marmaduke Constable, on which a toad is swallowing his heart.

Ride 4 – CHALLENGING

An ideal route for more experienced and confident cyclists passing through the scenic villages of Bempton, Burton Fleming and Rudston before returning to Bridlington along the ancient Woldgate, made famous in David Hockney's artworks.

31 miles/50km or 4 hours riding time.

There is an option of reducing the route to 19 miles/31km.

Turn right from Sewerby Hall on to Church Lane. At the next junction turn right onto the B1255 and then first left onto Jewison Lane, following National Cycle Network (NCN) route 1 signs.

Continue to follow NCN 1 to Bempton. Here you can take a detour of just over 1 mile to the RSPB site at Bempton Cliffs which is signed from the village. Otherwise, continue to follow NCN 1, taking care at the crossing of the A165 as this is a busy, fast route. Continue on NCN 1 through Grindale. For the main route take the first right after the village following NCN 1 signs towards Reighton. At this point the shorter route now carries straight on, taking a left turn signed to Rudston and Burton Agnes and rejoining the main route with a left turn at the next T junction signed to Rudston.

For the main route continue following NCN 1 signs through Reighton to Hunmanby (take care, this road can be busy at peak times). Follow NCN 1 through Hunmanby onto Malton Road then turn left onto Hall Park Road. At the crossroads turn right towards Burton Fleming, continue straight on to the next crossroads and turn left.

In Burton Fleming turn right at the crossroads near the church and at the next crossroads turn left. After the bend, turn right towards Rudston. While cycling through Rudston consider a quick detour to have a look at the historic monolith in the churchyard, otherwise turn right and then left following signs for Burton Agnes. Go straight on at the next junction for Burton Agnes.

At a sharp right bend turn left back onto NCN 1. Follow the signs for NCN 1 which will take you through Bridlington Old Town and past the Priory. Where NCN 1 turns right onto Limekiln Lane, go straight ahead and back to Sewerby.

Did you know...

Scenes from the *Dad's Army* feature film, released in February 2016, were filmed in several areas in the East Riding including the Old Town of Bridlington and North Landing, Flamborough.